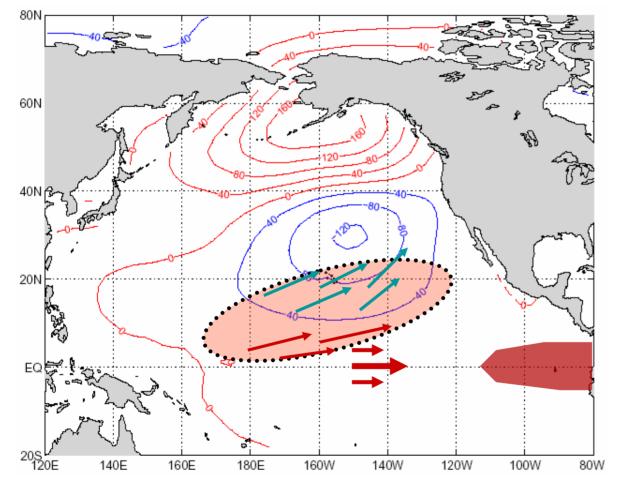
# Internal Atmospheric Variability, Pacific Meridional Mode & ENSO

Ping Chang

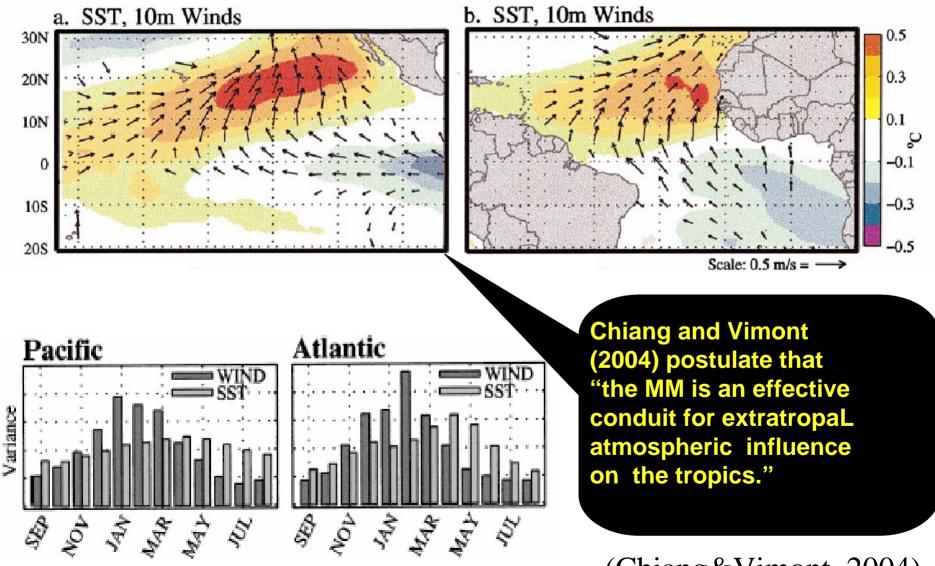
Contributions from L. Zhang, L. Ji, R. Saravanan, H. Seidel, D. Vimont, J. Chiang and M. Tippett

#### Seasonal Foot Printing Mechanism (Vimont et al.)

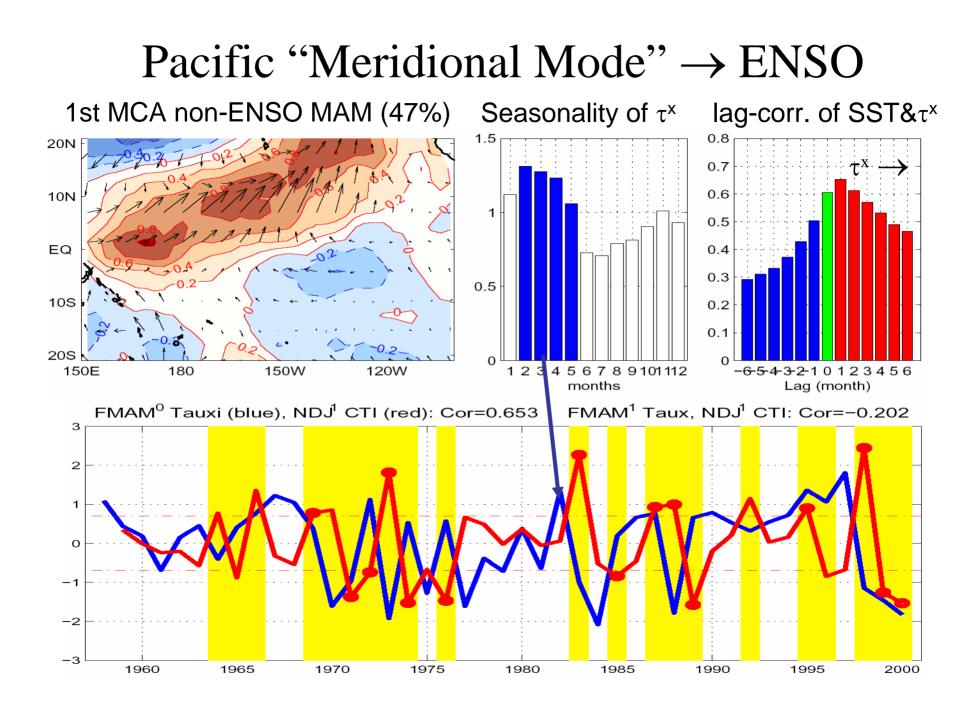


- NPO in NDJ (-1) ↓
- Winds & Heat Flux ↓
- SST in MAM (0) ↓
  - Tropical Winds ↓
- Bjerknes Feedback
  ↓
- El Nino in NDJ(0)

## Meridional Mode (MM)

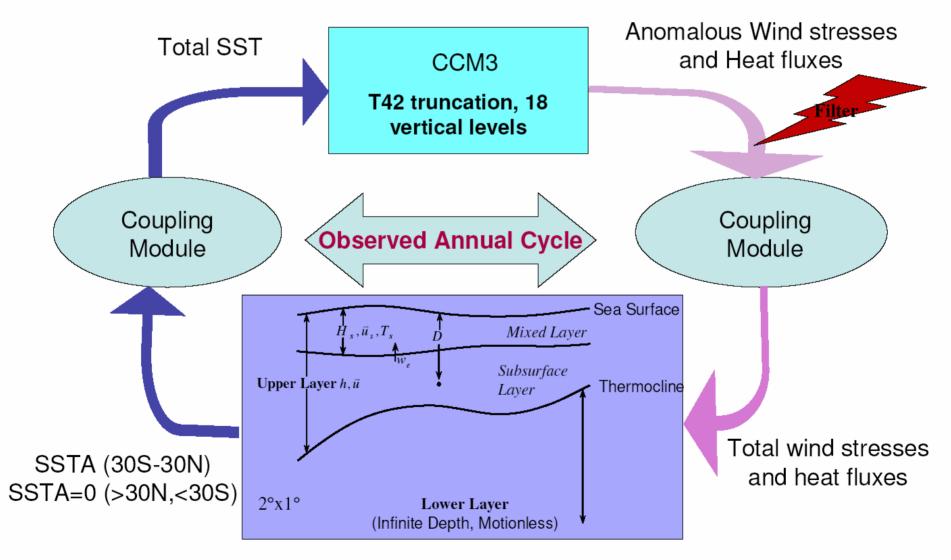


(Chiang&Vimont, 2004)

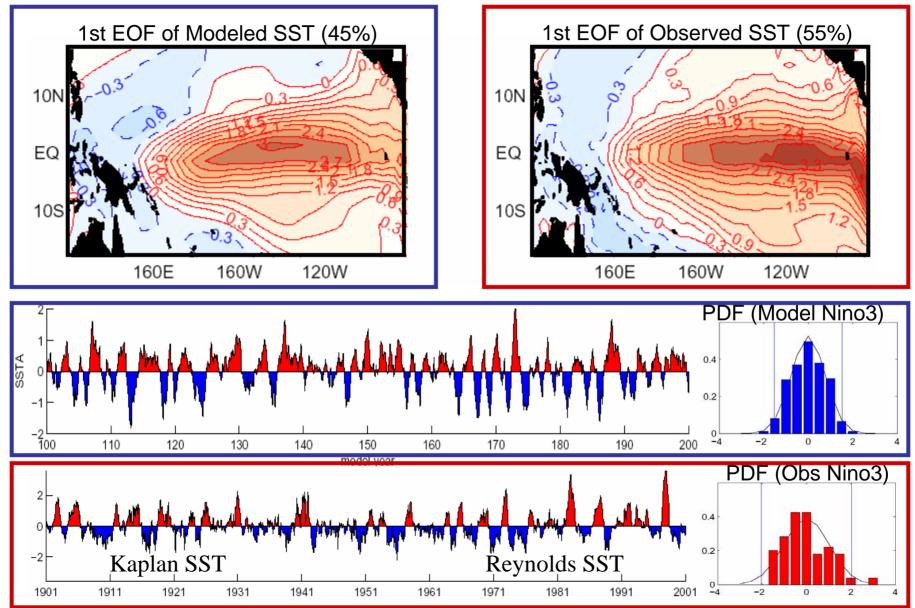


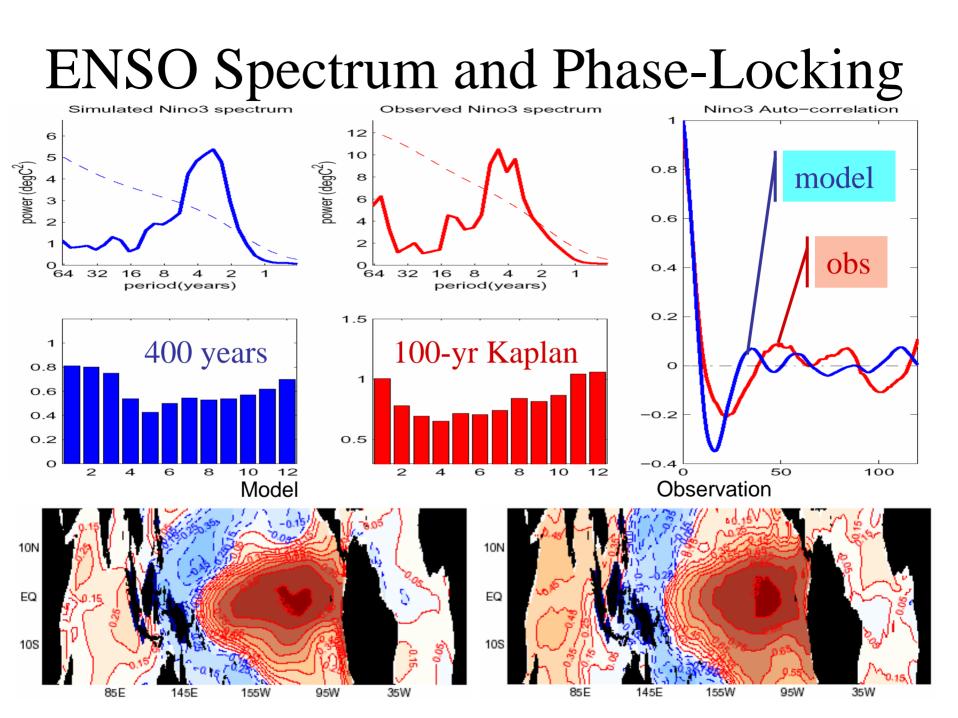
- The MM is not sensitive to analysis techniques and data sets (NCEP and ECMWF ERA 40), despite the limited record length (45 years).
- The NPO presents one major forcing mechanism to excite the MM, but other mechanisms may also exist.
- The relationship between the MM and ENSO appears to be more robust than the direct relationship between the NPO and ENSO.
- The MM related SST is most correlated with the southern lobe of the NPO, but not so much with the northern one.
- The NPO is not the most dominant mode in the north Pacific and explains less than 20% of the SLP variance in boreal winter.

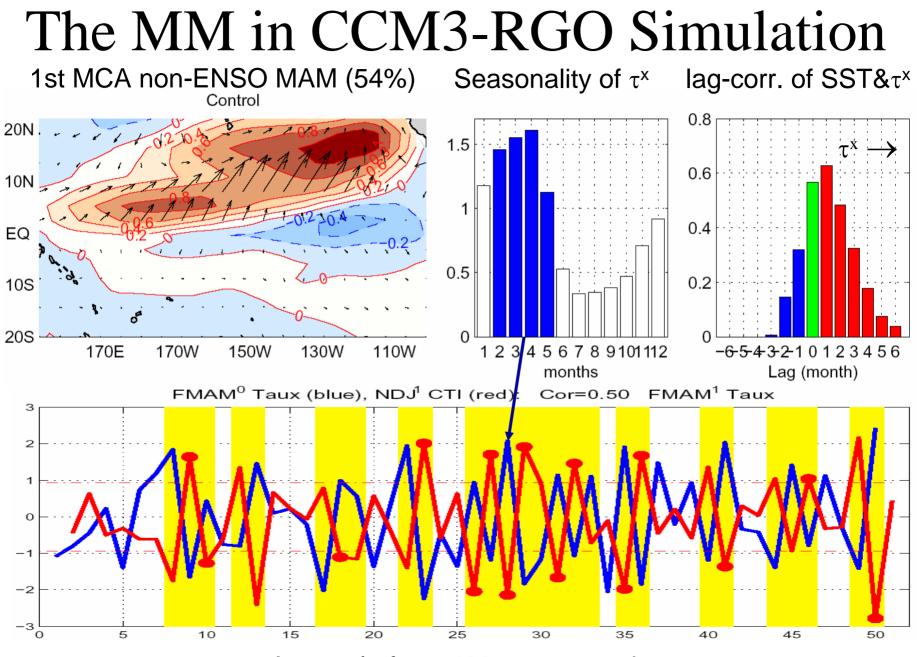
# CCM3-RGO Coupled Model



## Simulated vs Observed ENSO

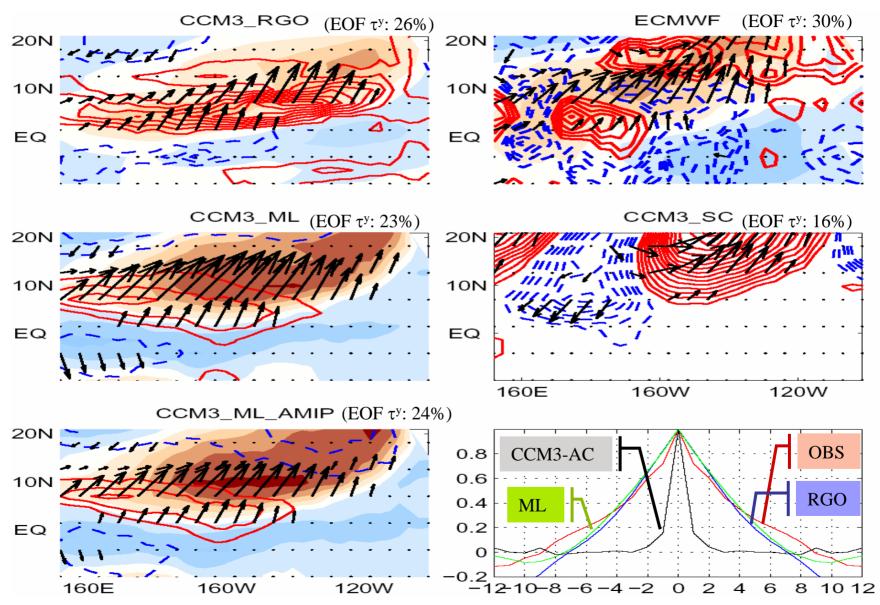




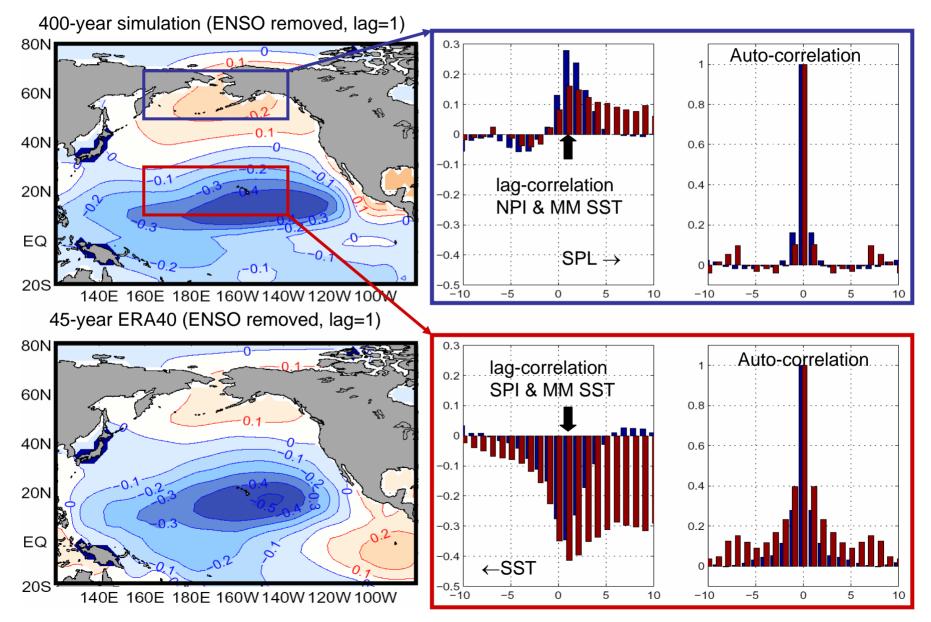


A sample from 400-year record

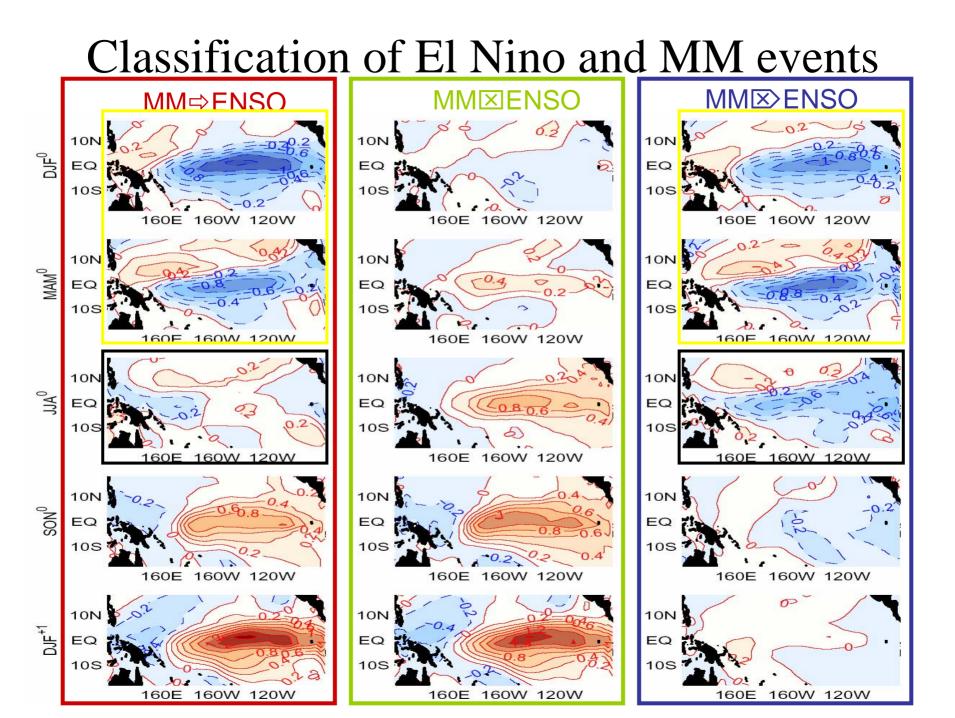
# Thermodynamic Coupling in the MM



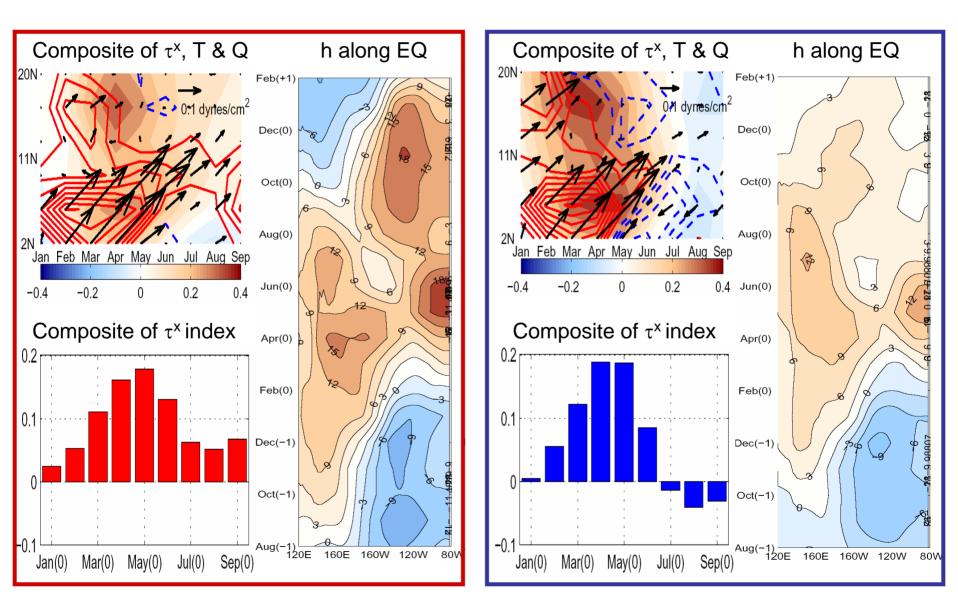
## MM⇔NPO: Correlation of MM SST & SLP

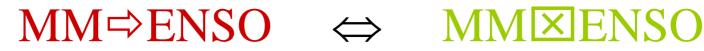


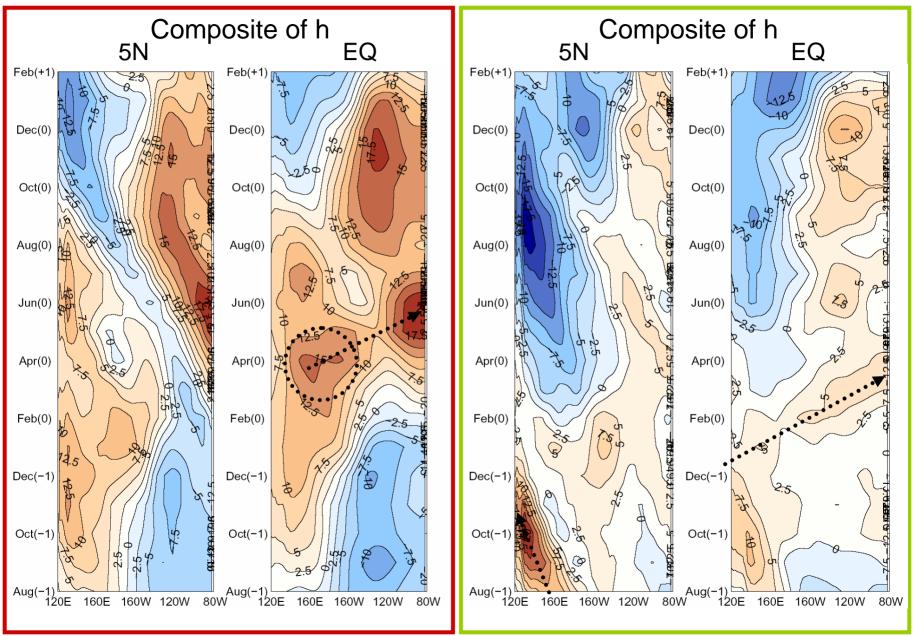
- The 400-year CCM3-RGO simulation gives a fairly realistic representation of ENSO variability except that 1) its amplitude is about 20% weaker; 2) its period is about one year shorter; 3) its seasonal phase-locking is one month later and 4) its PDF is less skewed than obs.
- The model also reproduces the observed MM with the exception of 1) the model MM explains more covariance; 2) it has a more symmetric lag-correlation and less persisted structure between SST & winds; suggesting stronger thermodynamic coupling in the model.
- As in the observed, there is a robust relation between the MM and ENSO in the model. About 66% of the simulated El Ninos are preceded by the MM. There is also a significant correlation between the southern component of the NPO and the MM with the NPO (SLP) leading the MM (SST) by one month.



#### $MM \Rightarrow ENSO \Leftrightarrow MM \boxtimes ENSO$

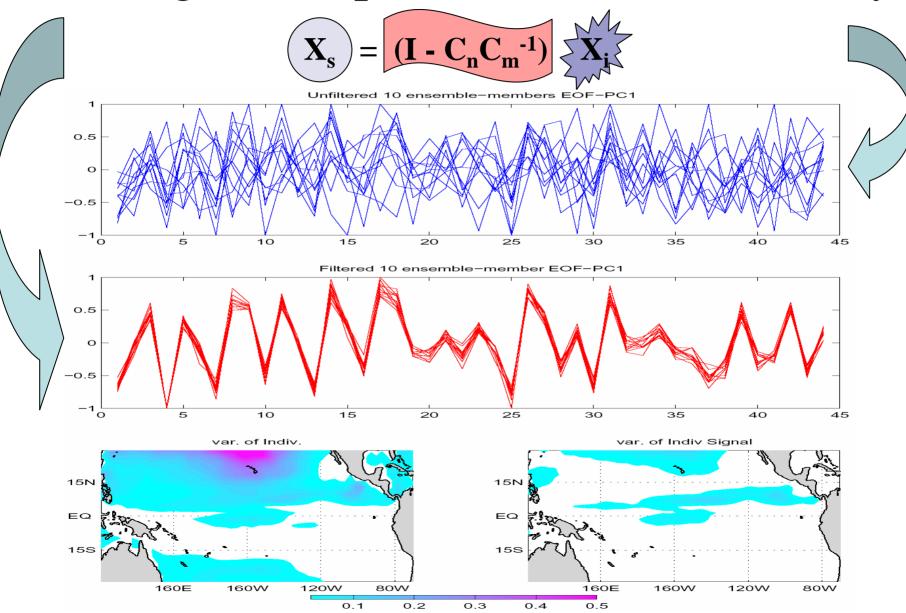




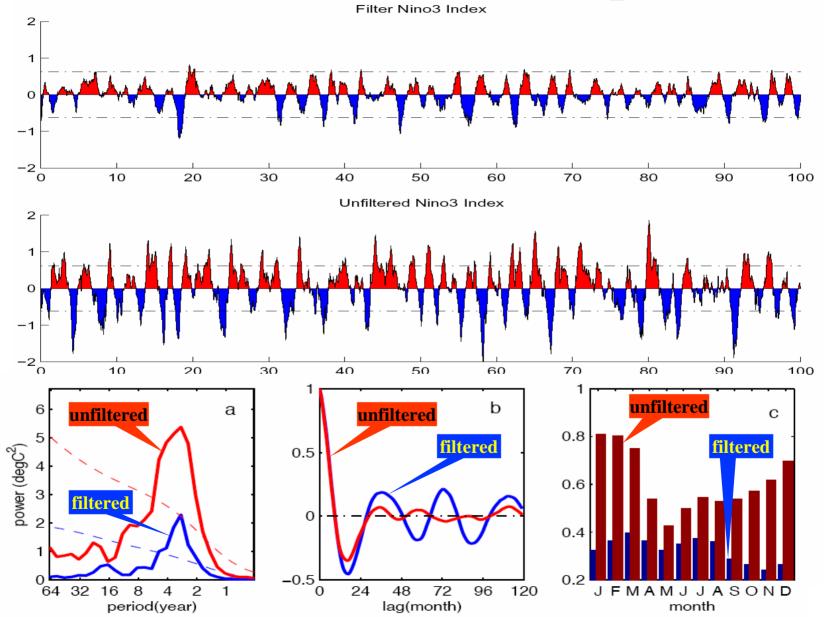


- The long CCM3-RGO simulation allows us to classify modeled MM and ENSO events into three groups: 1) MM⇔ENSO, 2) MM⊠ENSO, 3) MM ⊠ENSO.
- MM⇒ENSO: 65 El Nino events out of 99 identified over the 400-year data (66%). This group of El Ninos is preceeded by an anomaly just north of the equator that causes subsurface and surface warming in the eastern equatorial Pacific.
- MM⊠ENSO: 34 El Nino events out of 99 identified over the 400-year data (34%). This group of El Ninos is associated with a deepening of the thermocline in the western tropical Pacific, more in line with the delayed oscillator theory.
- MM E>ENSO: 46 MM events out of 111 identified over the 400-year data (41%). These MM events tend to have shorter duration than the other ones, and thus do not produce warming in the eastern equatorial Pacific.

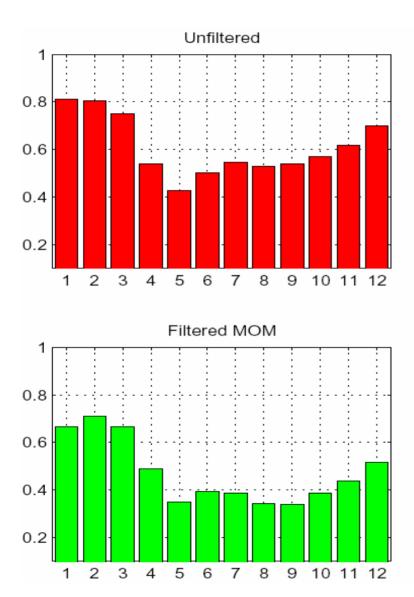
## Filtering Atmosphere Internal Variability

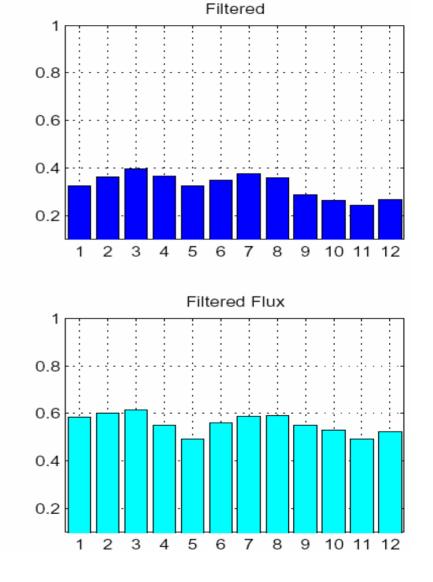


# Filtered vs Unfiltered Experiment

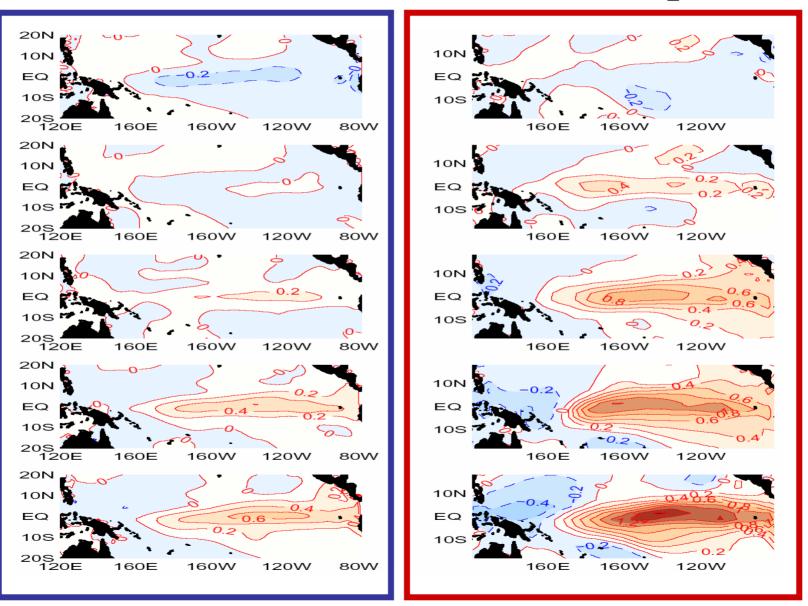


## Filtered Momentum vs Heat Fluxes



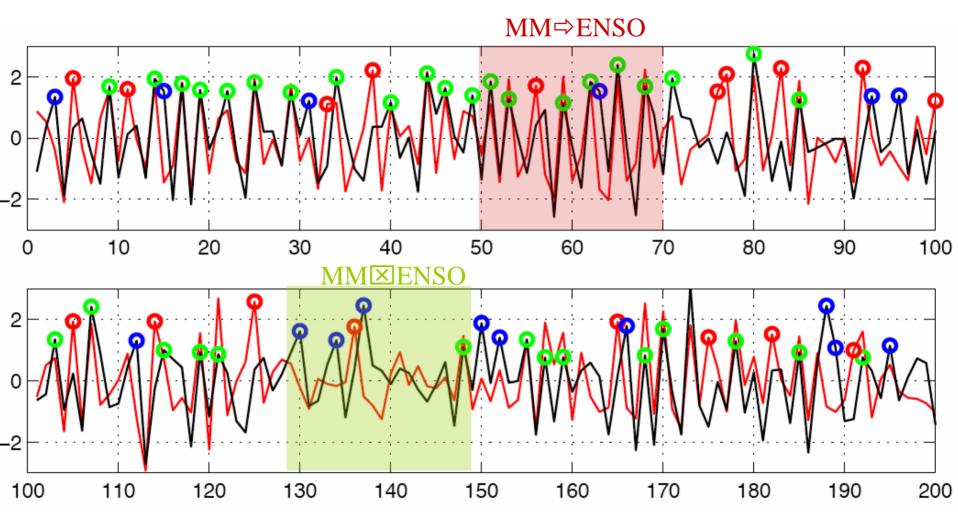


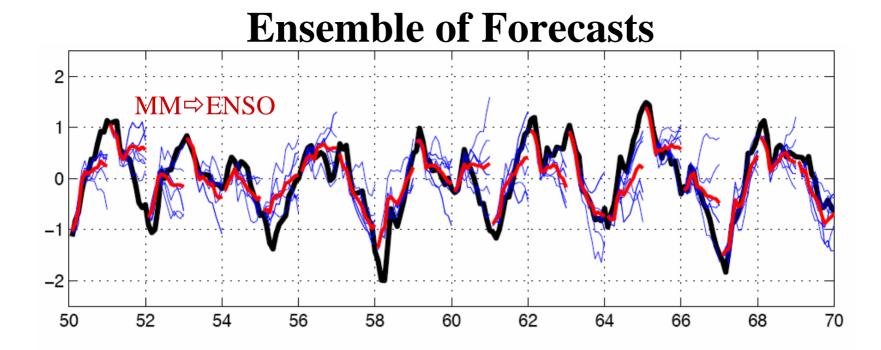
### Filtered & Unfiltered ENSO Composite

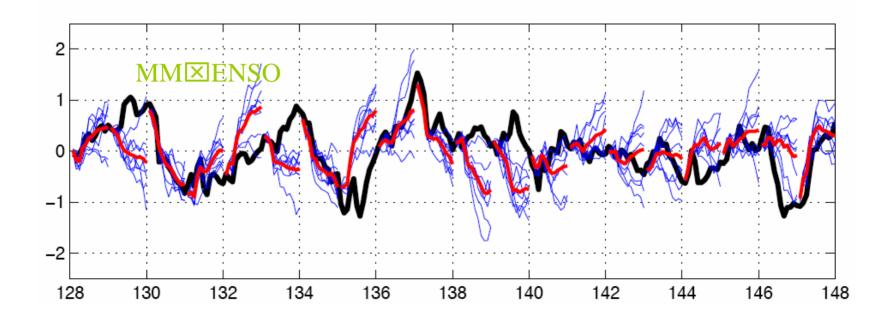


- Reducing the effect of the atmospheric internal variability ("noise") using a S/N filter yields 1) a substantially weakened ENSO variability; 2) altered seasonal phase-locking characteristics.
- Filtering "noise" in surface heat fluxes has a stronger impact on model ENS0 than filtering "noise" in momentum fluxes, particularly, on its seasonal phase-locking.
- Filtering "noise" does not remove the MM completely. This suggests that some of the MM variability may be driven by coupled dynamics.
- Filtering "noise" in surface heat fluxes does weaken the MM strength substantially. The correlation between the FMAM MM τ<sup>×</sup> and DJF NINO3 is also reduced significantly from >0.5 to <0.2. Furthermore, the member of MM⇔ENSO events reduces to only 20%. This is consistent with the reasoning that heat flux "noise" → MM SST → MM Winds → ENSO.</li>
- Caveats: 1) Linear assumption of the filtering technique; 2) Sensitivity to S/N filter construction.

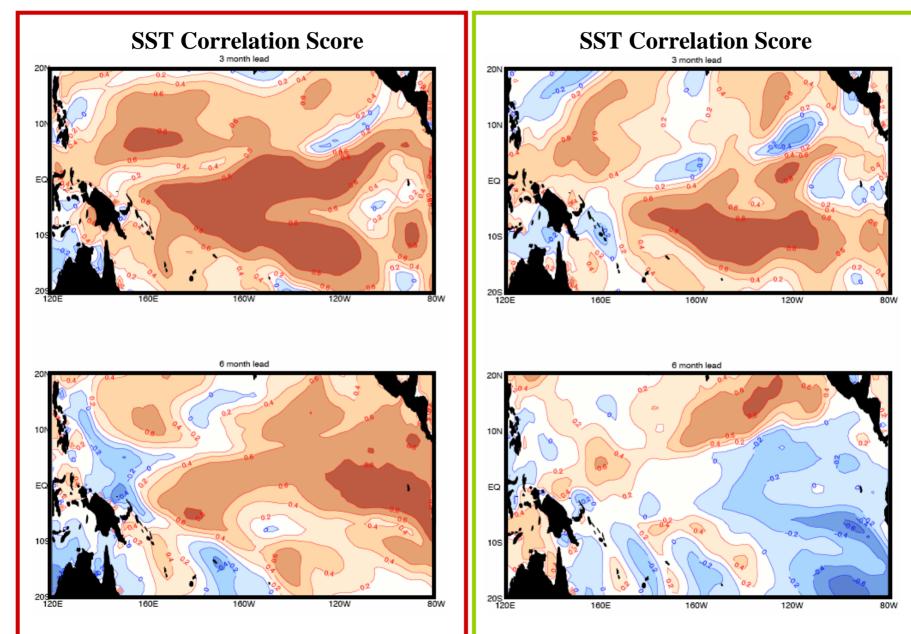
## **Perfect Model Prediction Experiment**



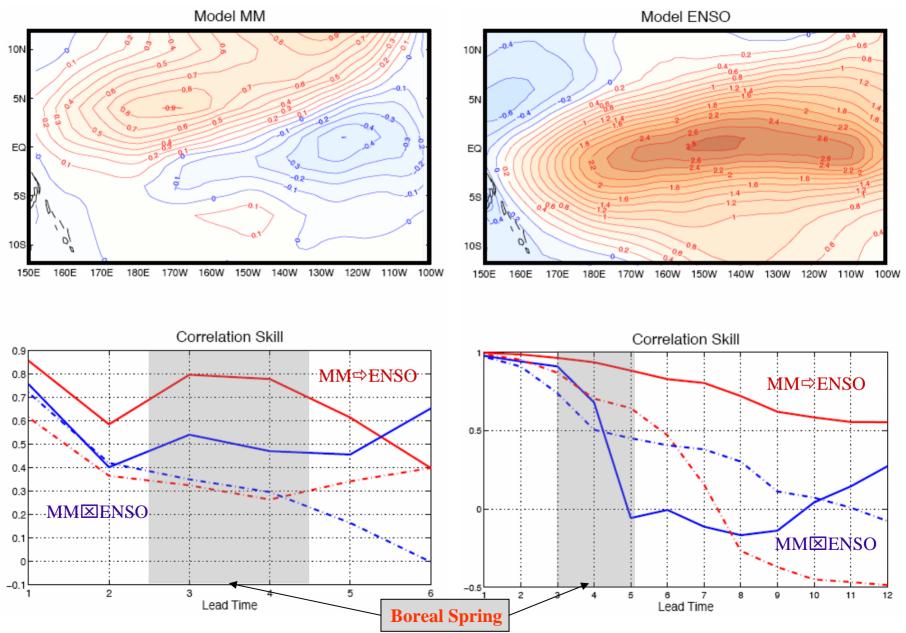




### $MM \Rightarrow ENSO \Leftrightarrow MM \boxtimes ENSO$



#### Skillful MM Forecast ⇒ Skillful ENSO Forecast



# Summary

- The study confirms the existence of the meridional mode (MM) proposed by Chiang and Vimont (2004). It further shows that the MM can act as an important trigger for ENSO.
- Coupled model experiments suggest that 1) the MM is inherent to thermodynamic coupling in ITCZ latitudes, which enhances its persistence; 2) the long persistence of MM events is an important prerequisite for its effectiveness of as an ENSO trigger; 3) those ENSO events that are not associated with the MM tend to follow the delayed oscillator mechanism.
- Noise-filter experiments suggest that the MM variability is intimately linked to extratropical atmospheric internal variability. Suppressing the latter leads to a substantially weakened MM variability, and subsequently a much weakened ENSO. Furthermore, the MM conduit effect plays an important role in the seasonal phase-locking of ENSO.
- Prediction experiments suggest that the MM-ENSO relationship may have an impact on ENSO predictability. This leads to a conjecture that ENSO prediction may be improved if the MM could be predicted, particularly during the spring barrier.